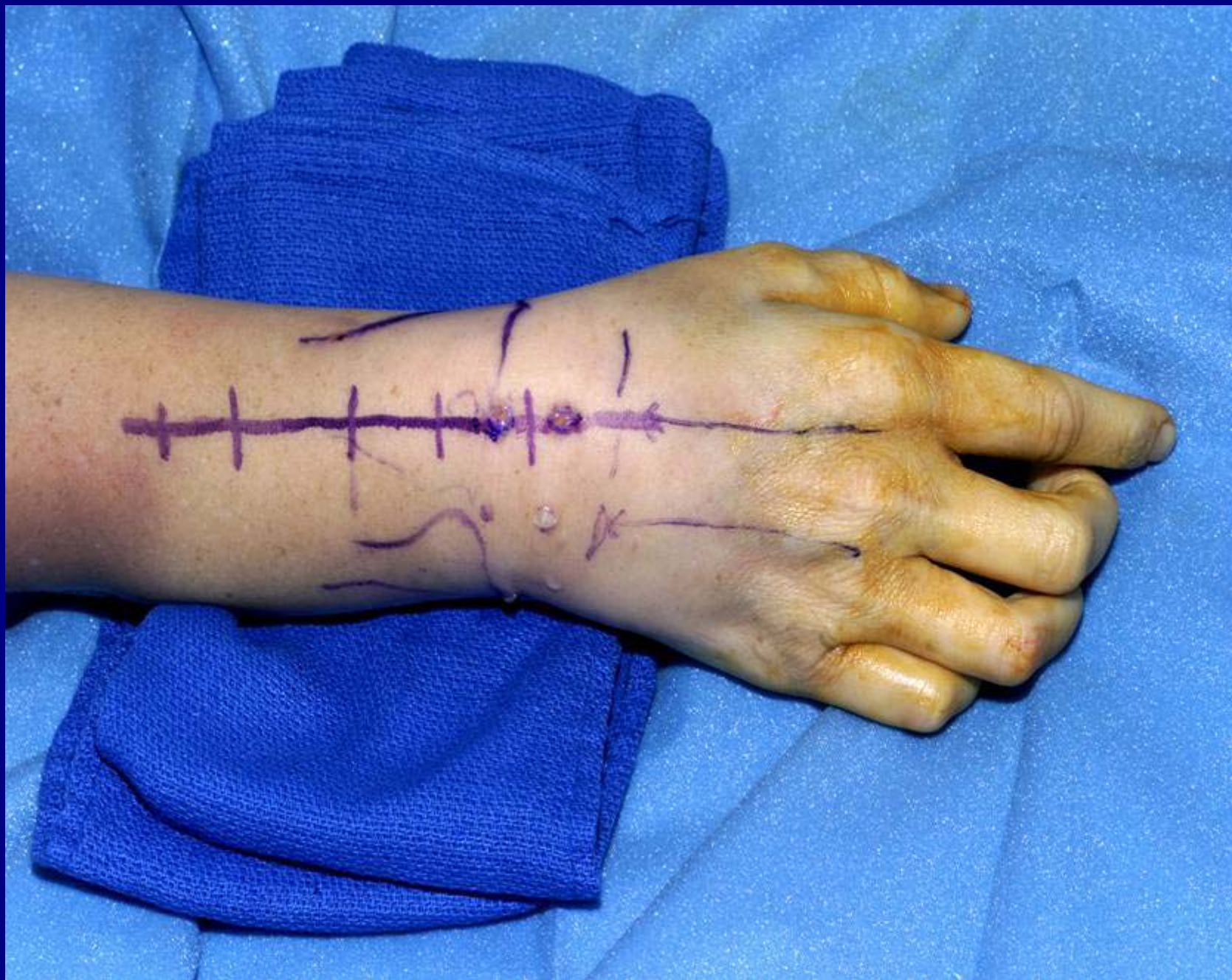


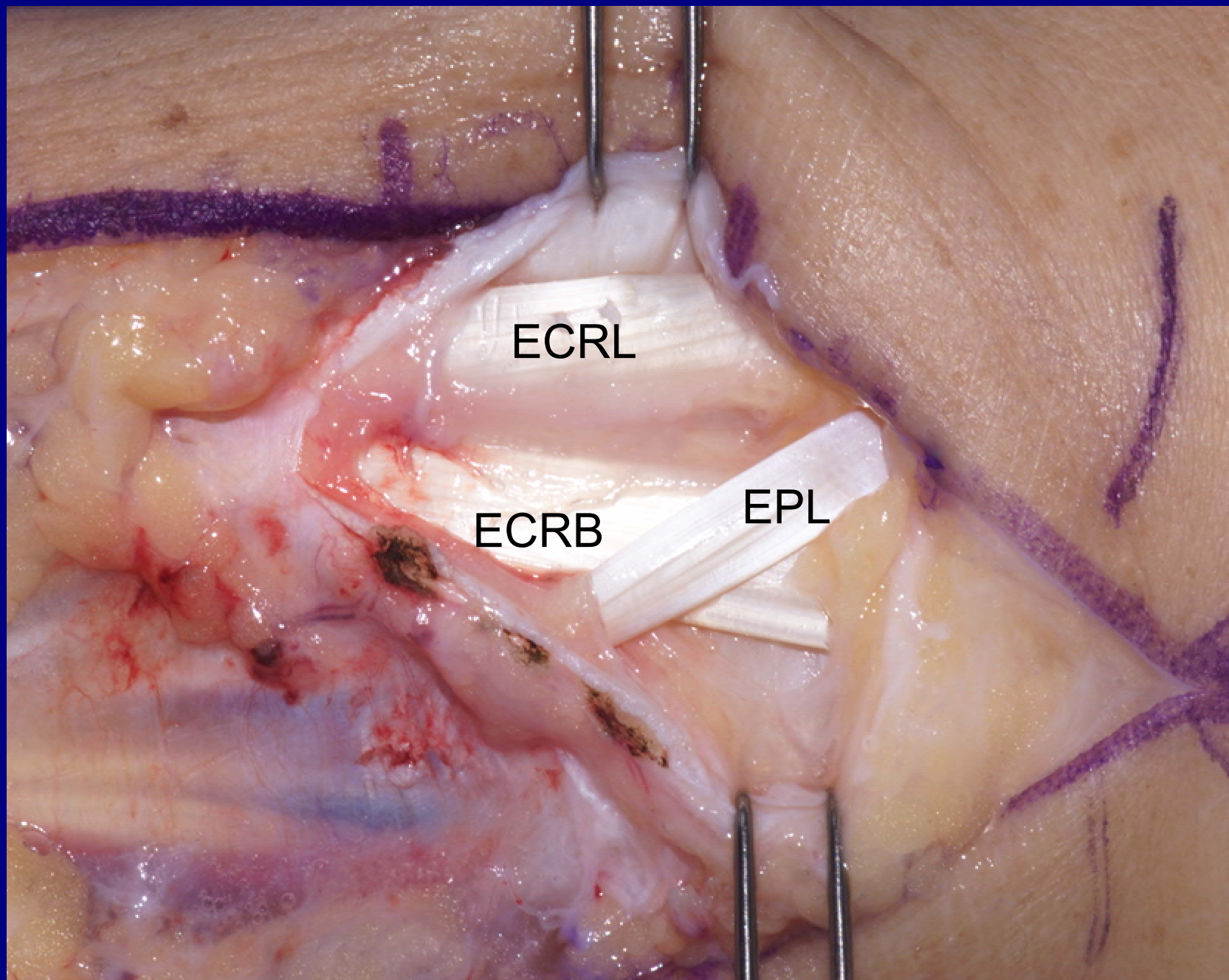
# ECRL transfer for scapholunate Instability

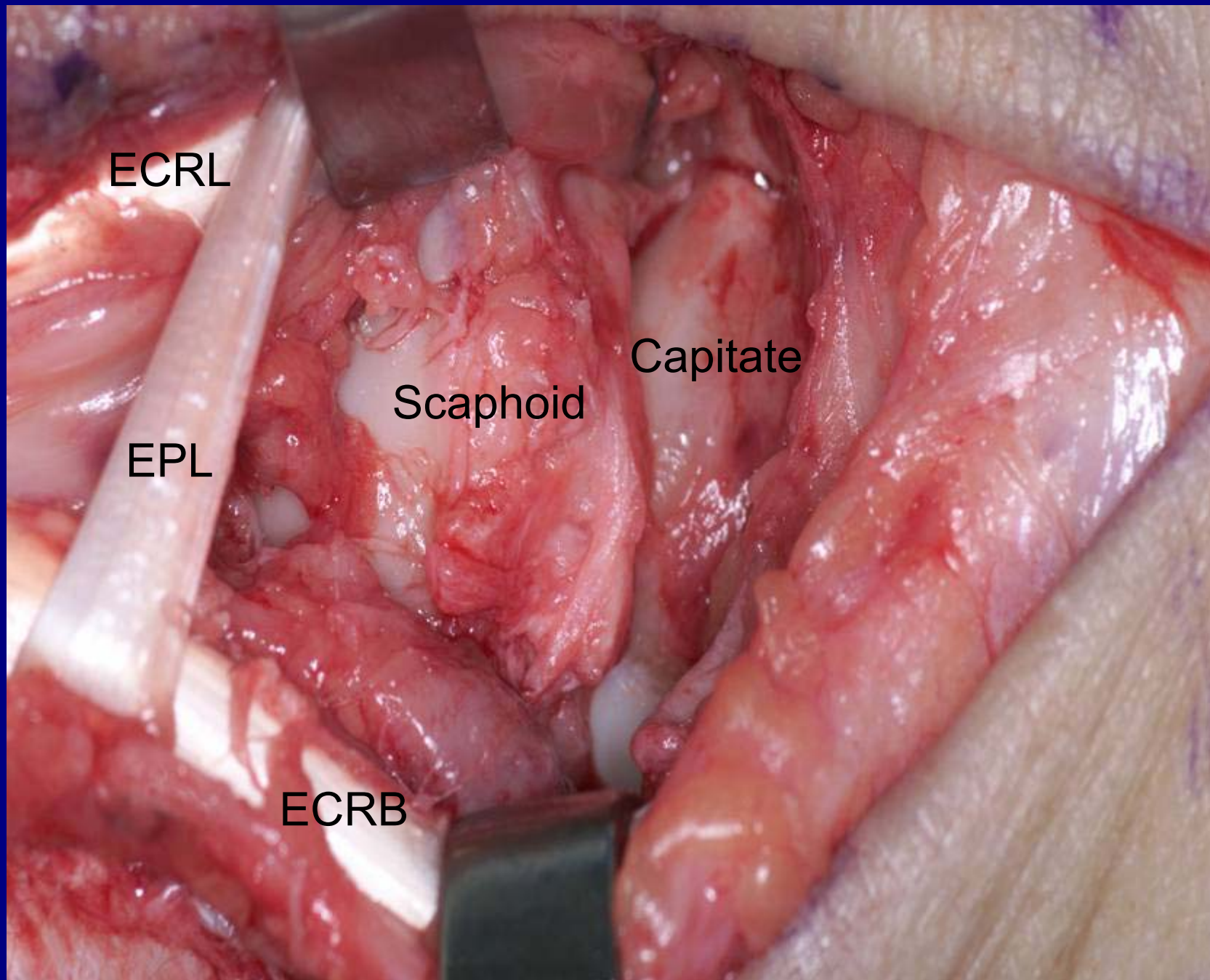
Alan E. Freeland, MD



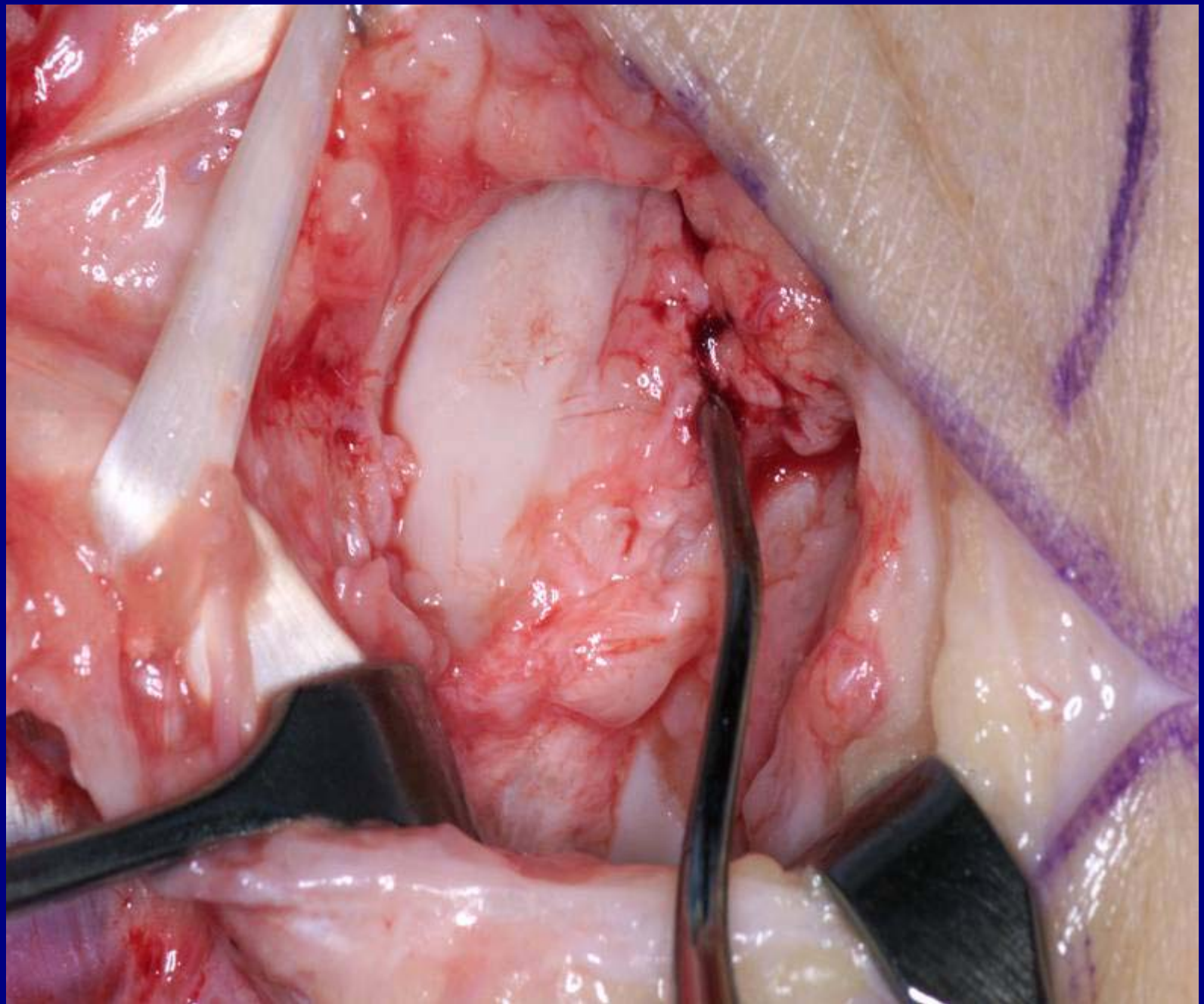


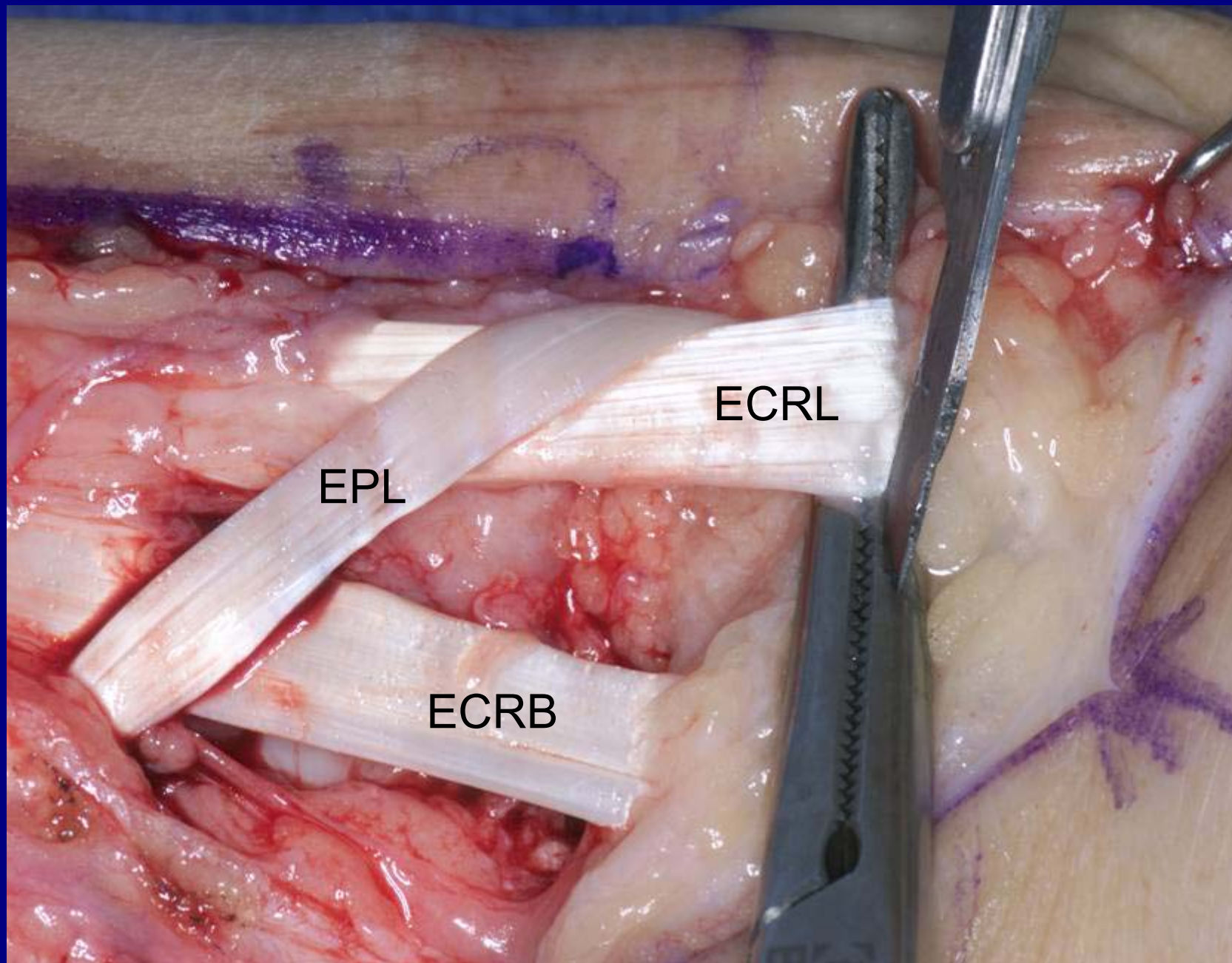










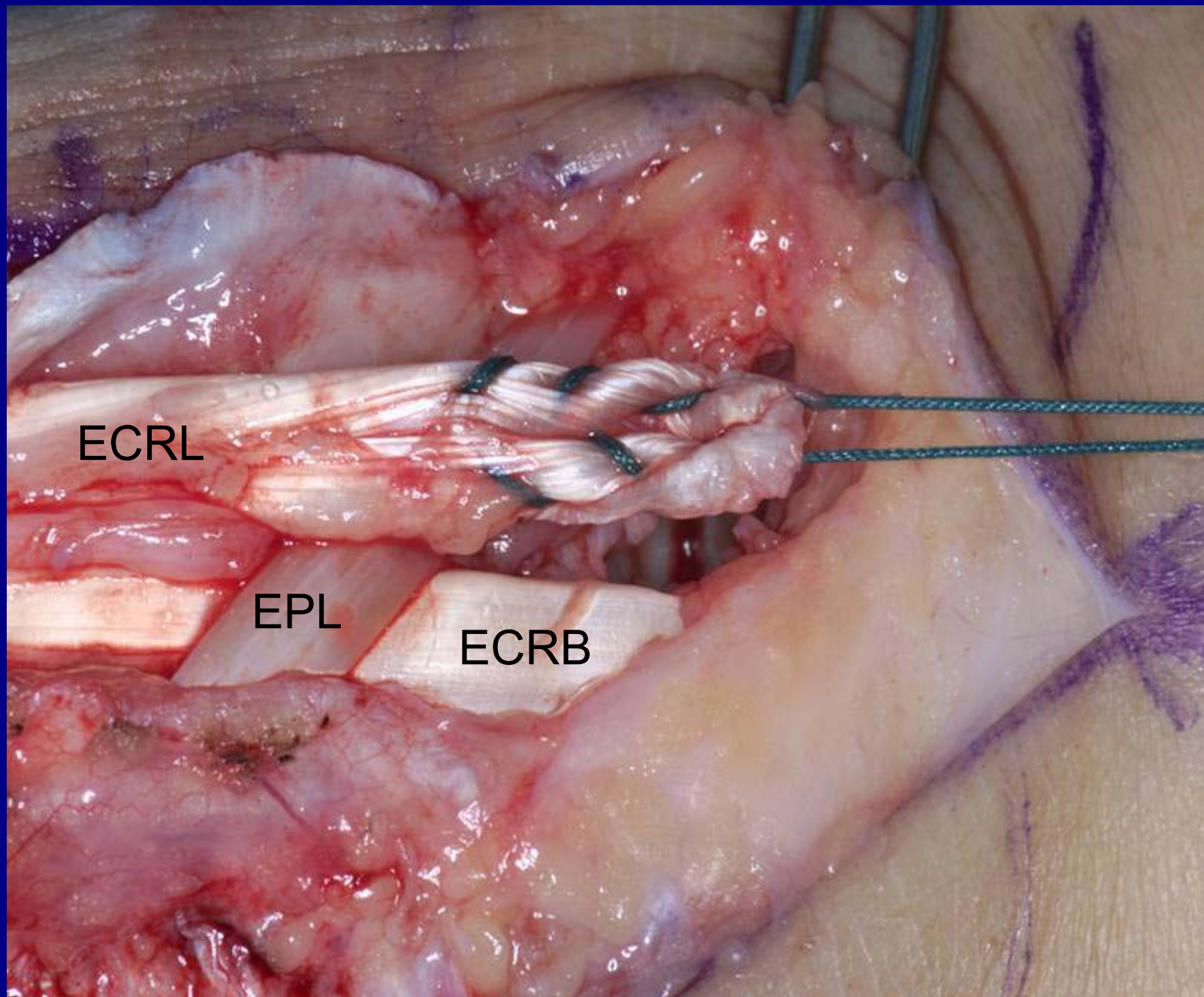


ECRL

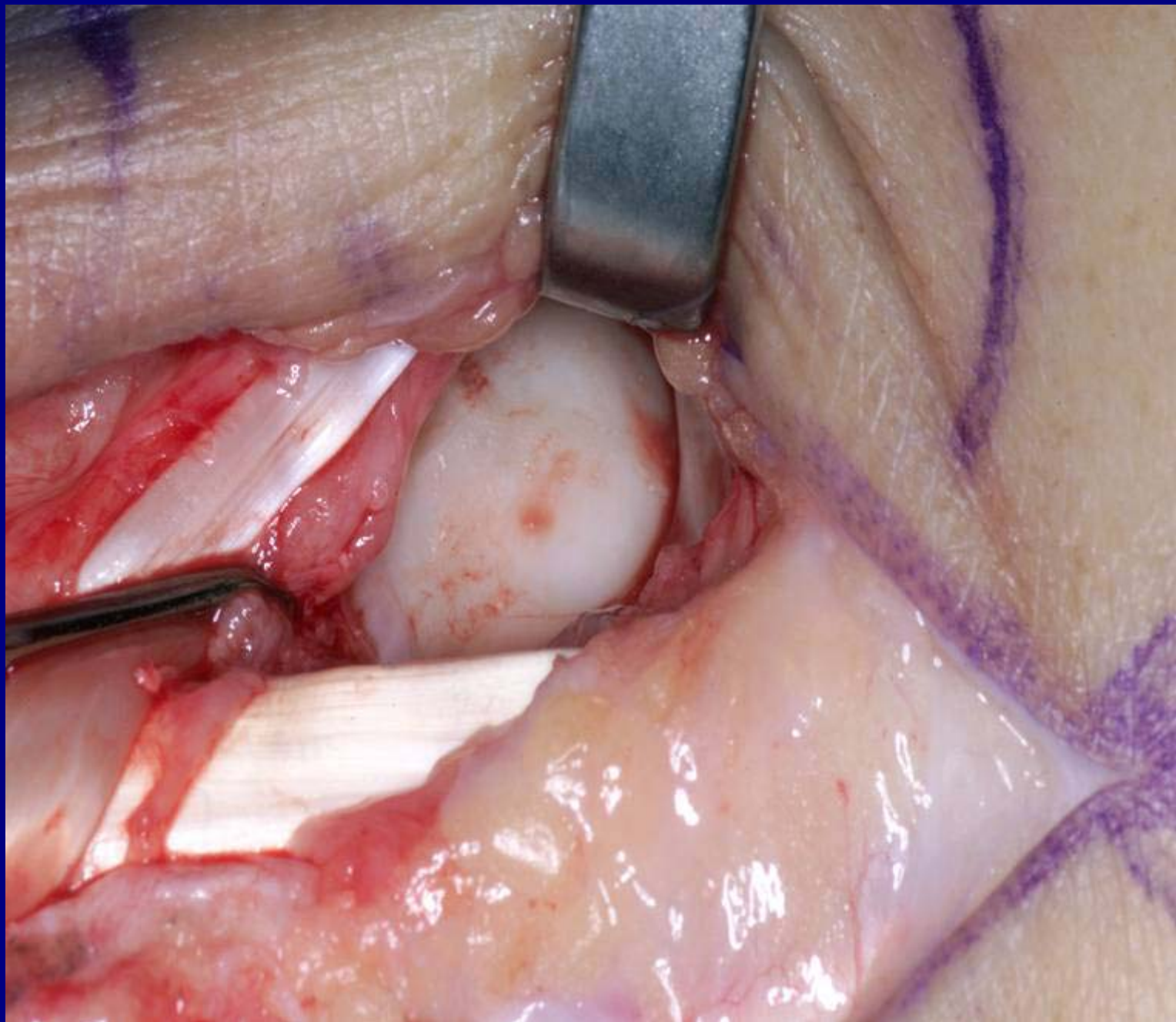
EPL

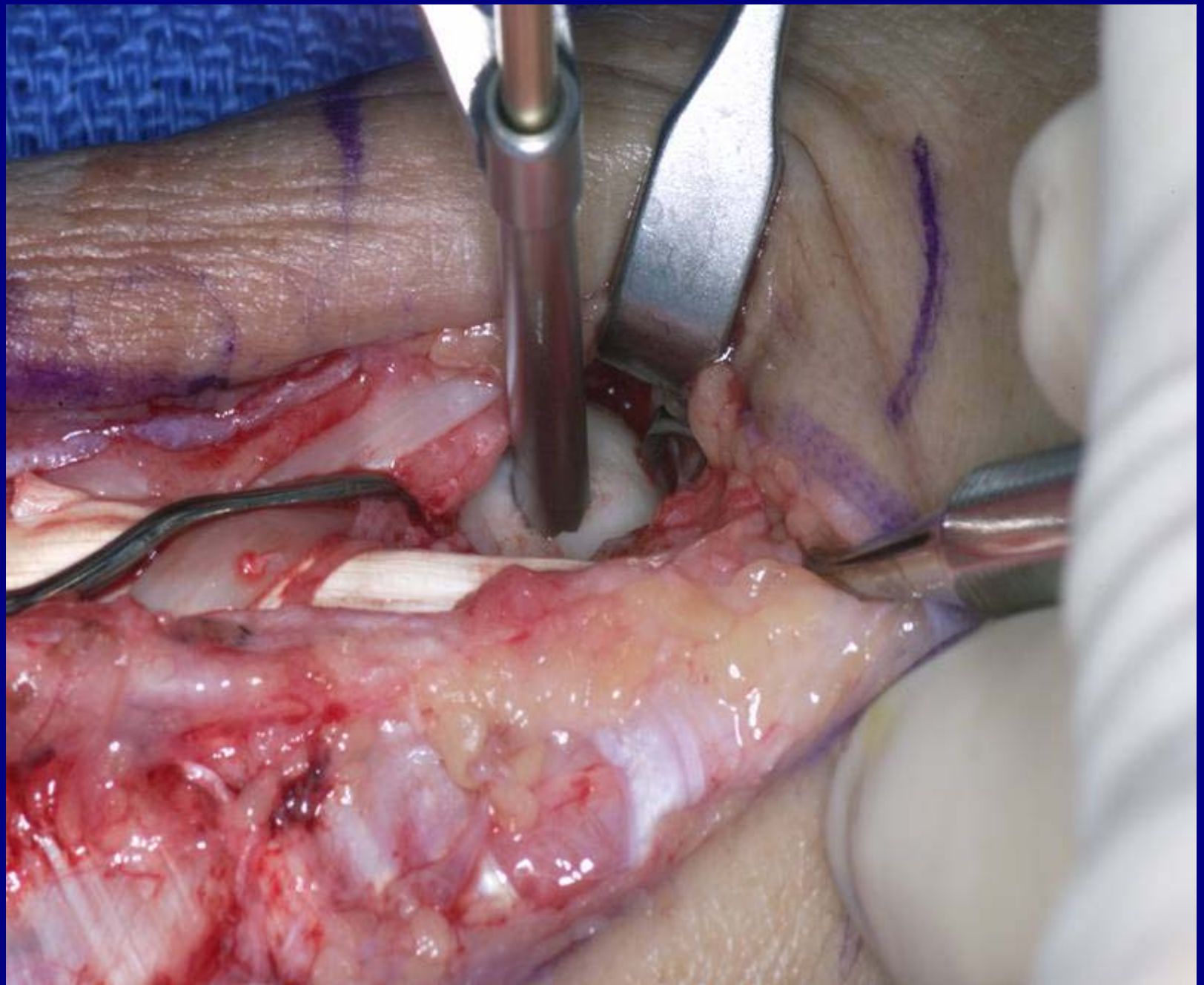
ECRB



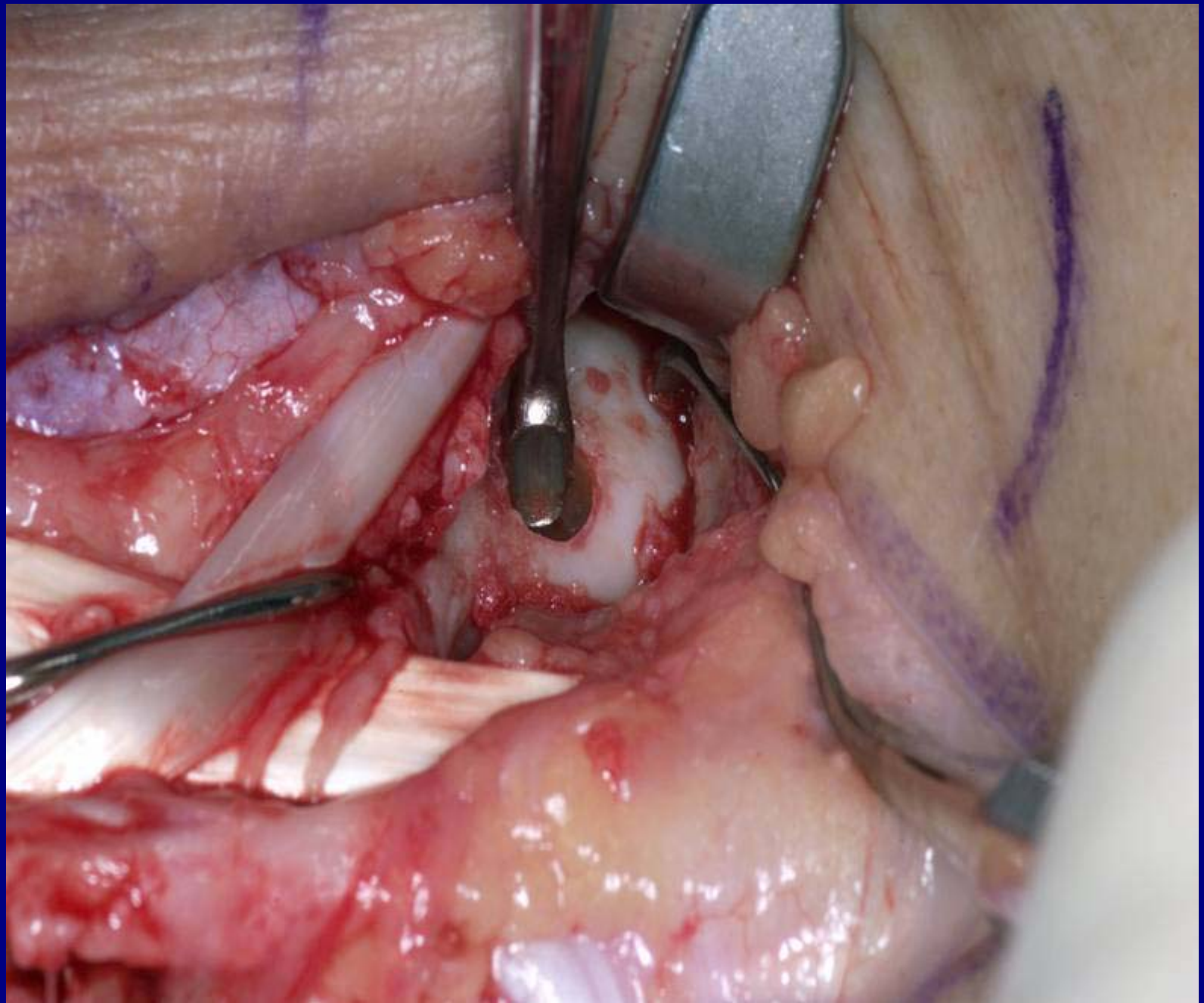


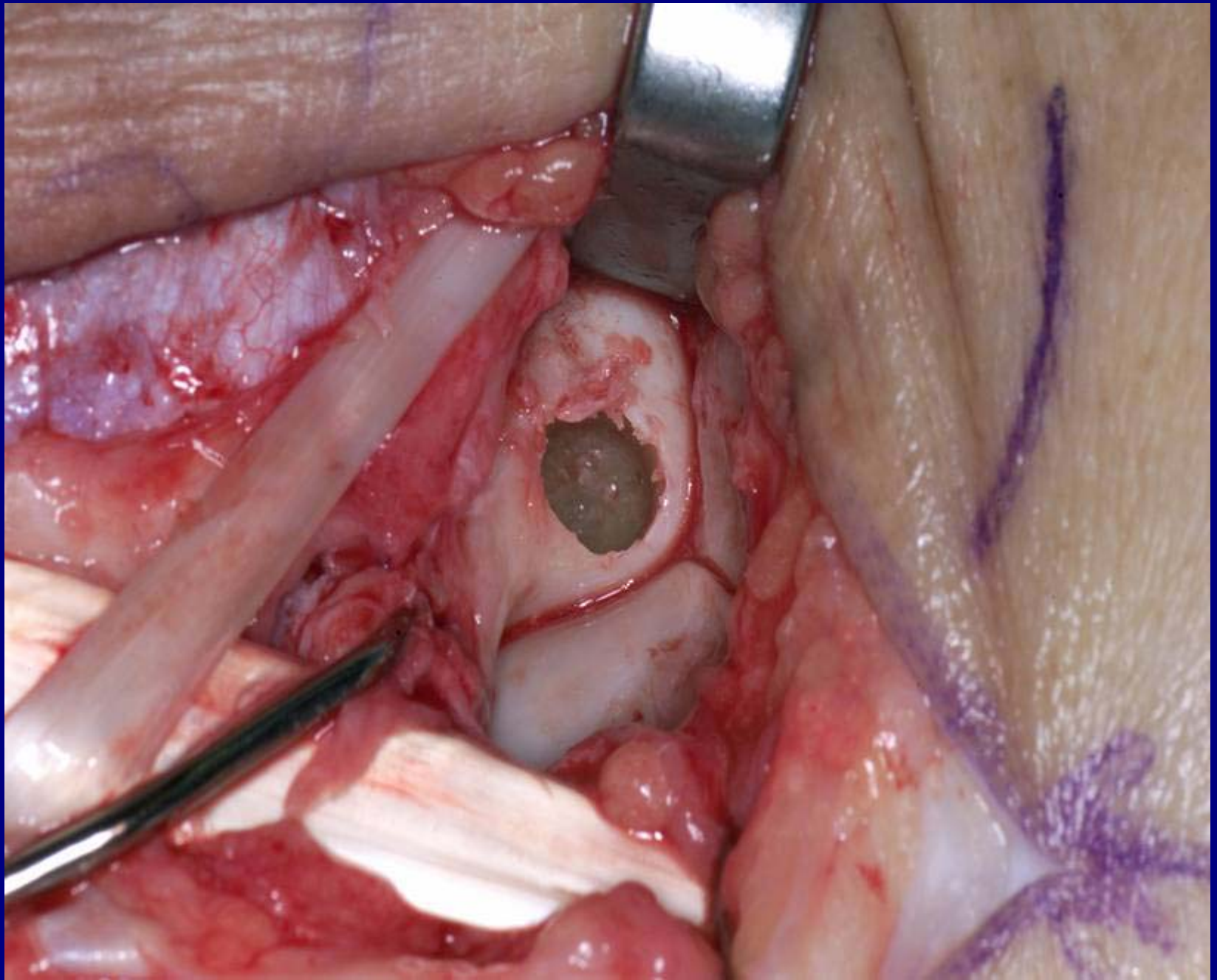




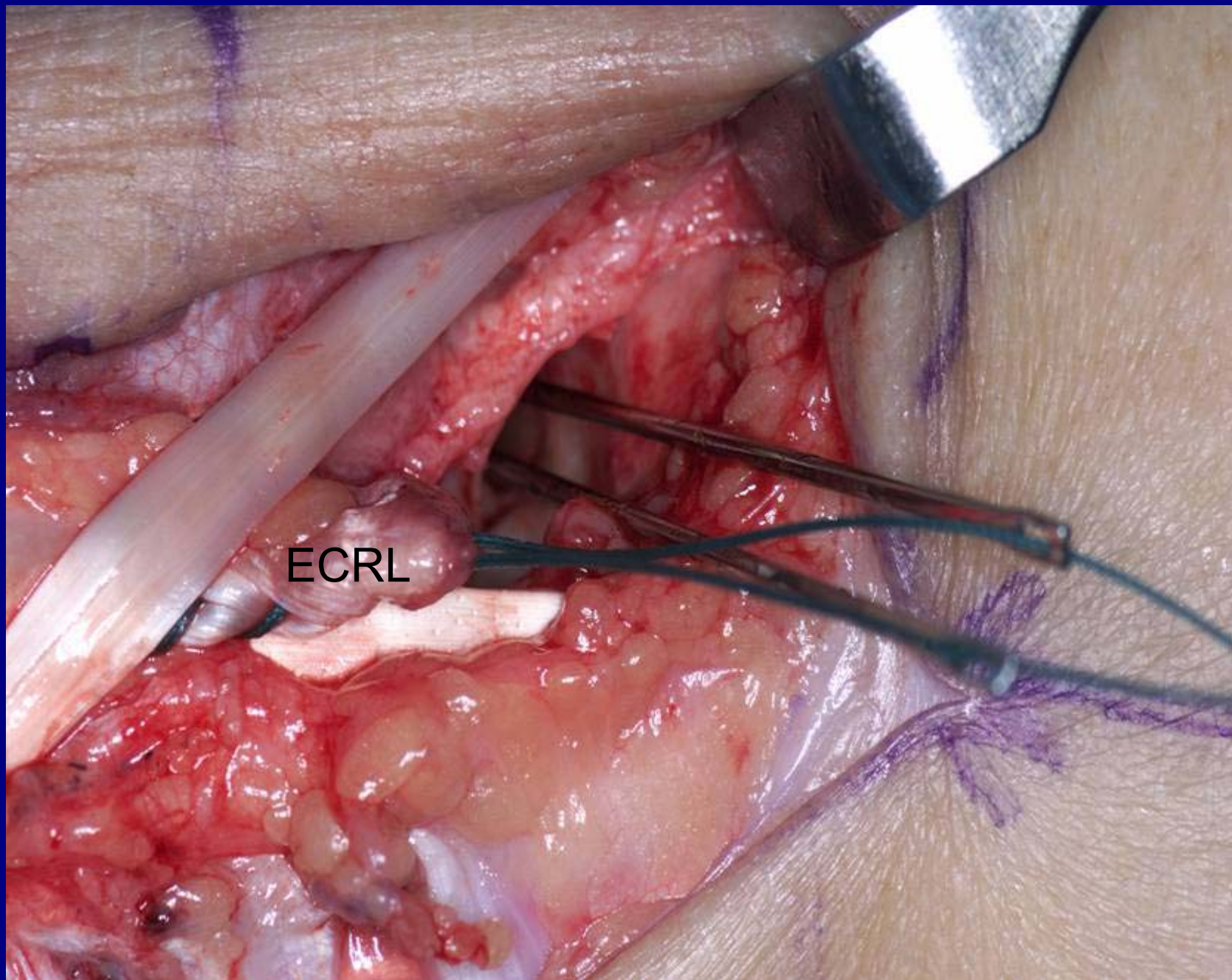












PL

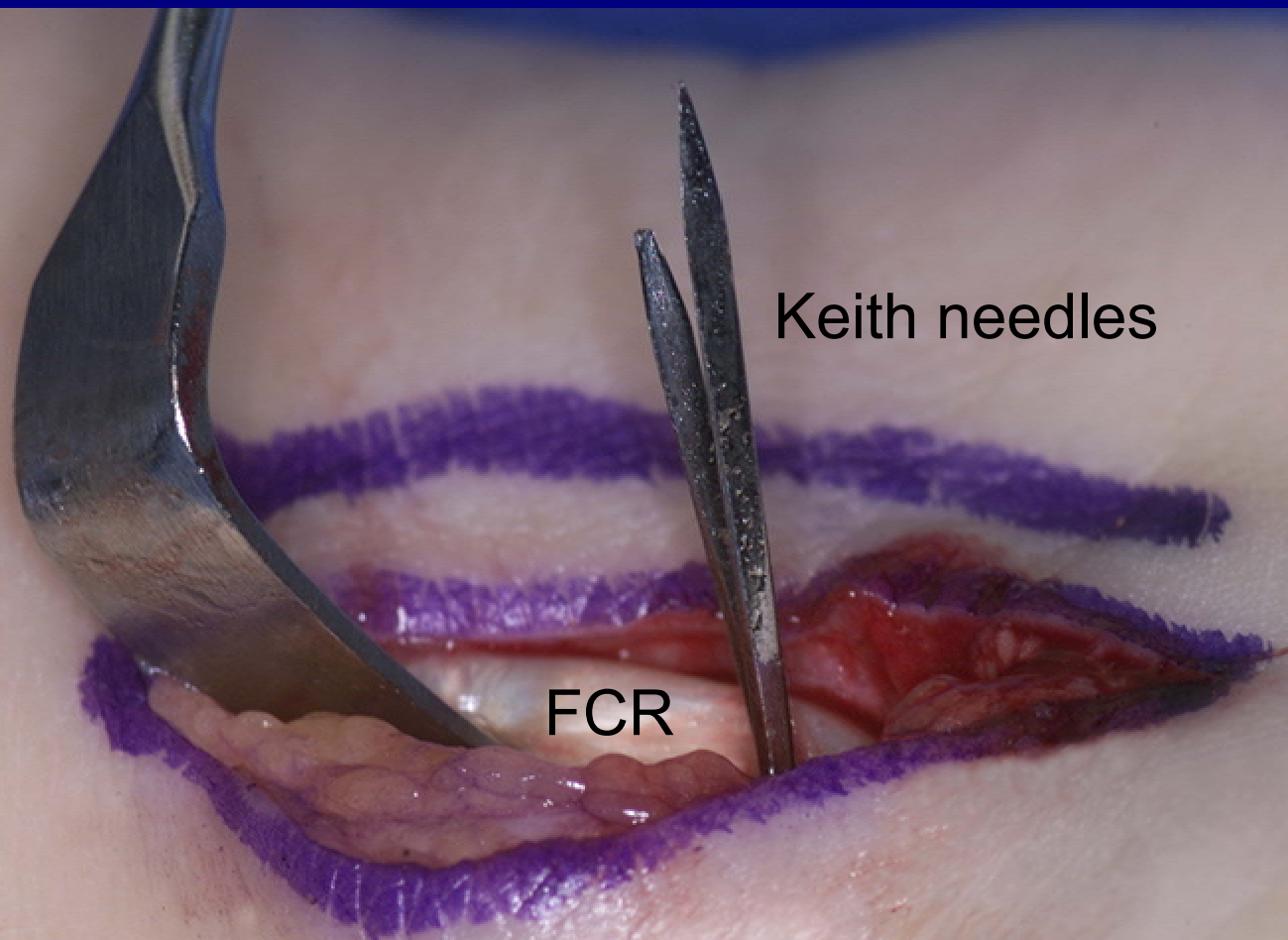
FCR

Scaphoid pole



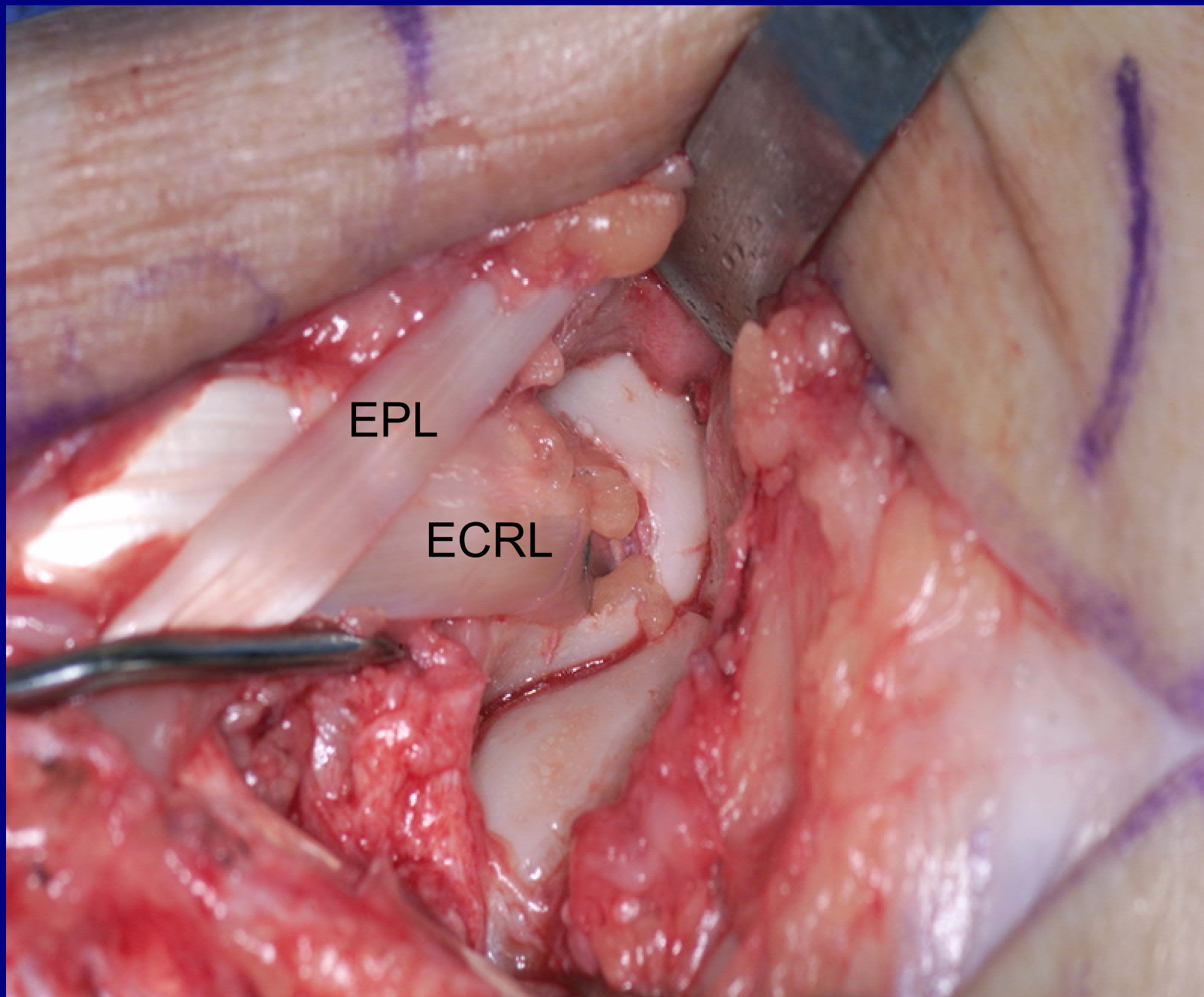
The image shows a close-up of a person's wrist and forearm. Two parallel purple ink lines are drawn on the skin, labeled 'PL' and 'FCR' respectively. Below these lines, a small circle is drawn and labeled 'Scaphoid pole'. A larger, curved purple line is visible on the lower part of the forearm. The background is a blue textured surface.





Keith needles

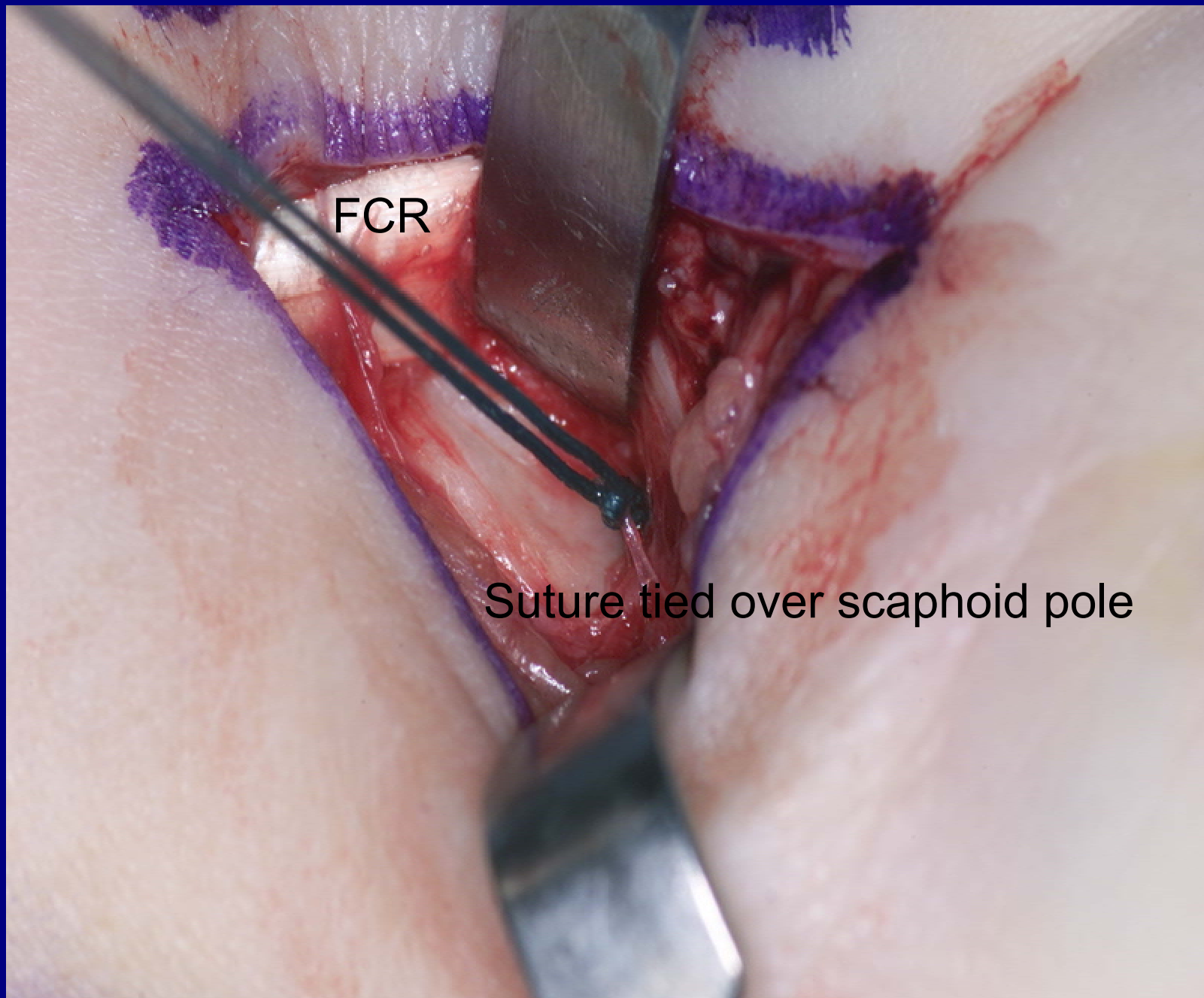
FCR



EPL

ECRL





FCR

Suture tied over scaphoid pole





# Rehabilitation

## No Pins

SAC & Digital Exercises (1-4 weeks)

Start Wrist AROM Exercises (4 weeks)

Strengthening (8 weeks)

# 6 Month Follow-up





# 6 Month Follow-up



# 6 Month Follow-up

